

*Date: 8<sup>th</sup> September, 2014*

## ***Summary report on Celebration of World Physiotherapy Day at School of Physiotherapy, RK University, Rajkot***

On worldwide celebration of World Physiotherapy Day on 8<sup>th</sup> September, 2013, students and faculties of School of Physiotherapy had organized a health and fitness challenges among school going children, adults and geriatric populations to spread awareness about health and wellness.



The program was started with lamp lighting in presence of Vice-Chancellor of RK University Mr. Ramamohan Rao, the Registrar Mr. Narendra Ramani, Director, Dr. Priyanshu Rathod, faculties and students.

**If you have problems that affect your  
mobility, ask a physical therapist.**

Mr. Uttapal Hirapara, 7<sup>th</sup> semester student had given presentation in the importance of celebration of World PT Day and Miss. Nandini Kushvaha had enlighten the role of World Confederation of Physiotherapy (WCPT) on professional development.

Moreover, 5<sup>th</sup> and 7<sup>th</sup> semester BPT students were distributed among various educational institutes and successfully conducted health / Fitness changes by fitness tests e.g. balance, flexibility, strength etc...and distributed a certificate and trophies to winners.



There was a session of Art of living by Dr. Krishna Upadhyay for the 1<sup>st</sup> and 3<sup>rd</sup> semester students for health and wellness. On this special occasion there was an arrangement of debate and drawing competition for the students on the globe theme of World Physiotherapy Day. In the debate competition, Nandini Kushvaha, Himakshi Bhattacharya and Monika Chaudhri claim the 1<sup>st</sup> prize. In drawing competition, Mohinder Singh Sherma won 1<sup>st</sup> prize, Kinjal Samani won 2<sup>nd</sup> prize and Akshay Kacha won 3<sup>rd</sup> prize.



There was also an arrangement of free camp on 7<sup>th</sup> and 14<sup>th</sup> October for people with neck and back pain at RK Physiotherapy and Rehabilitation Research Center, Bhaktinagar, Rajkot. The successful arrangement of this program was done by Dr. Vaibhavi Ved, Dr. Khyati Kamdar, Dr. Kajal Anadkat, Staff members of School of Physiotherapy and students.