***SUMMARY REPORT OF SEMINAR ON* “ Mental Health Awarness” under “ National Mental Health Programme” by Dr. Nirav Chudasama, MD Psychiatric, Padmakurarba Government Hospital, Rajkot.**

Eminanat speaker **Dr. Nirav Chudasama**, delivered a speech on**“Mental Health Awareness”** under “ National Mental Health Programme” on 6th February, 2020 for the students 6th Semester BPT, School of Physiotherapy (SOPT), RK University.



Speech was emphasis more on **Importance of Mental Health.**

* **Awareness about mental disorders,**
* **How to understand patient’s psychology,**
* **Choice of treatment for Mental Disorders etc.**



The lecture has proven to be very inspiring and informative for students.

