

## REPORT

<b>TITLE OF THE WEBINAR:</b>	PERIODIZATION FOR CRICKETERS AND ATHLETES
<b>SCHOOL:</b>	School of Physiotherapy
<b>DEPARTMENT:</b>	Physiotherapy
<b>NAME OF THE ORGANIZER/S:</b>	RK University, Rajkot
<b>DATE OF CONDUCTION:</b>	06/06/2020
<b>TARGET AUDIENCE:</b>	Physiotherapist, Medicos

### Brief Details:

#### 1. Objective of the program:

We are organised a webinar on Periodization for crickets and athletes. The objective of this Webinar is to understand the changes in Sports Physiotherapy during COVID 19. To learn the scopes of Tele-Rehab and Follow up by using Periodization.

#### 2. Brief description of the program:

We are organised a webinar on Periodization for crickets and athletes on 6th June-2020.this Webinar is to understand the changes in Sports Physiotherapy during COVID 19. To learn the scopes of Tele-Rehab and Follow up by using Periodization and design innovative Exercise Prescription for the systematic progression as per the need of cricketers/athletes.

#### 3. Outcomes of the program:

- 1 To understand the changes in Sports Physiotherapy during COVID 19.
2. To learn the scopes of Tele-Rehab and Follow up by using Periodization.
3. To design innovative Exercise Prescription for the systematic progression as per the need of cricketers/athletes.

#### 4. Details of Speaker

Dr. Avinash Kumar boyat, MPT, Ph.D. Scholar  
Director and Co-founder of ARSC, UK

#### 5. Program Schedule

Date:06/06/2020 | Time: 12:00:00 PM to 1:30:00 PM

Registration Link:

<https://docs.google.com/forms/d/199r1vbMIB2WHp1Ct3Agdh7dFp6gOdQwZLBm0cESL904/edit>

Flyer Image:

<https://drive.google.com/open?id=1ZIDNTgLps-1oAOiHOEFKjPeoYilAu2eD>

## 6. Webinar Platform and Links

Platform: YouTube | Registrations: 751 | Participants: 197

Video Link(s):

- <https://www.youtube.com/watch?v=E-oHPPVJjFs>

Name & Signature of  
Principle  
Applicants  
**(Digital signature are allowed)**

Name & Signature of  
Head of Institute with institute seal