## Summary report on ante-natal care- camp organised on 5<sup>th</sup> January -2014 at R K Physiotherapy & Rehabilitation Research Center, Rajkot

On extending the tradition to New Year, School of Physiotherapy, R K University organised ante natal care camp. Ante-natal care camp was conceptualised and executed to address the special needs of pregnant woman. A comprehensive plan of ante natal education, medical issues related to pregnancy, diet- nutrition and physical exercises to be done during pregnancy were the key highlights of the camp. More than 20 pregnant lady and their family members joined and benefited from the camp.

Key note address by Dr Priyanshu Rathod -



One to one question-answer session was chaired by Dr Jayshree D Thumer, M.D (Gynec)



Dr Rutu Bhalara discussed pregnancy related discomforts and its causes.-



- Dr. Prachi Desai elaborated on diet-nutritional need of pregnancy.
- Dr. Nilesh Telaiya leads the session of ante-natal exercises.-
- Final year,  $5^{th}$  sem and PG students actively participated in camp.

